

## DAY 2: COMMITTED

*Pastor Melicer Jones*

I love the wisdom of Solomon shown to us in Proverbs 16:3, which tells us, “Commit to the Lord whatever you do, and He will establish your plans.” Commitment to the LORD is more than being intentional about committing to Him. It is an act that shows full surrender in word and deed. It is the action of placing our families, our children, our jobs, our dreams, and even our uncertainties back into the hands of the One who entrusted them to us in the first place. Nothing we have is truly ours; everything is a gift we steward. When we release to The Lord, we make room for Him to shape, refine, and fulfill His purpose in us.

This week as we fast, let's be encouraged to take captive every thought that rises against the knowledge of God, just as 2 Corinthians 10:5 tells us. Commitment requires discipline, not only of our actions but of our minds. We must surrender the thoughts that lead us toward fear, control, or self-reliance, and intentionally replace them with what is true, noble, right, pure, lovely, admirable, excellent, and praiseworthy (Philippians 4:8). This is how we align with the truth of who God is. When we fix our minds on Him, we begin to see our lives through the lens of “*My God shall...*”. We then see Him as my God shall provide, My God shall guide, My God shall bring to completion what He started.

During this fast, let our commitment to the process be our offering. Let's entrust our plans, our family, and our future to Him. He is faithful to fulfill what He begins. And when we commit everything back to the Lord, we step into a posture where His will can flourish in our lives. Release what you've been holding tightly, and trust that the God who gave it to you is the God who will bring it to fruition.

### **Prayer:**

Lord, today I surrender every part of my life to You—my family, my work, my plans, my desires, and even the things I don't yet understand. Help me renew my commitment fully to You. Teach me to take every thought captive and to meditate on what is pleasing to You. Strengthen my heart to trust You completely, knowing that everything I place in Your hands is safe, guided, and made whole. Establish Your plans in my life, and let Your will be done. In Jesus' name, Amen.

**Scripture Readings:** Philippians 4:19, Proverbs 16:3, 2 Corinthians 10:5, Philippians 4:8

### Thought Questions:

What area(s) of your life have you been holding on to that should be surrendered to Him?

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What types of unhealthy or unproductive thoughts do you have that should be taken captive to demonstrate full trust and surrender to Him?

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